

ZUMBA

A NEW CLASS FOR SUMMER 2009

TRY A
CLASS
FOR
FREE

Participants do
not need to
know how to
dance to do
Zumba!

ZUMBA

routines feature aerobic
interval training with a
combination of fast and
slow rhythms to tone and
sculpt the body! All
routines have
easy-to-follow steps!



MONDAYS

5:15 - 6:00pm

\$34.00/month

or

punch card \$45.00/6 classes

Dancin' Dreams
2305 S. Syracuse Way Unit # 7
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303.755.0484
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